



Stopping the dropout cycle: **a survey of Glean learners**

How Glean impacts learner stress, confidence and grades





Introduction

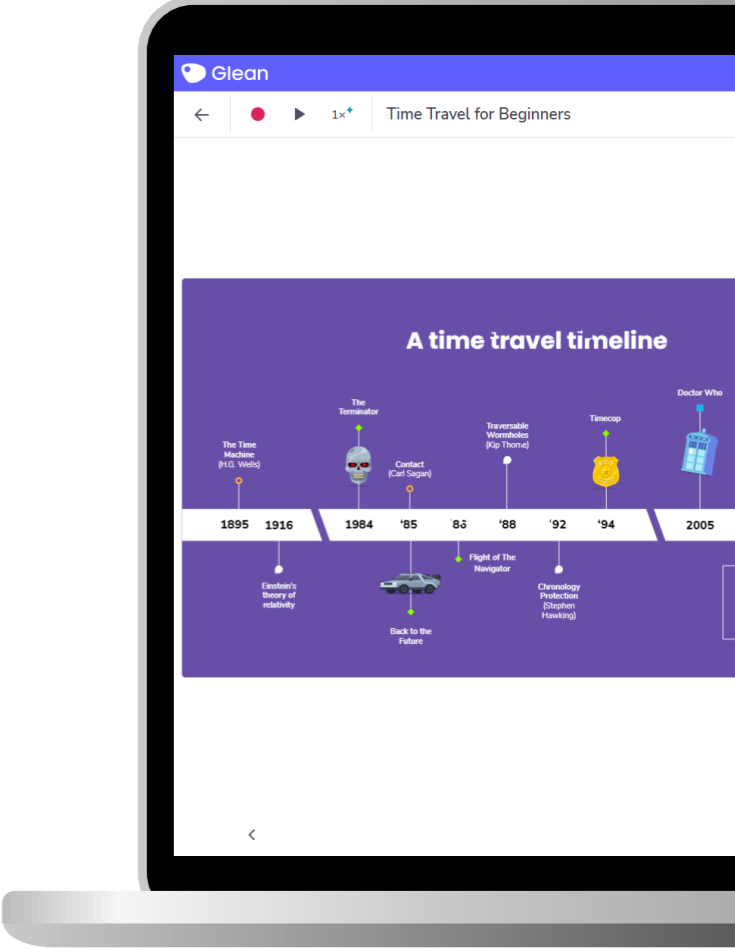
Glean's purpose is simple: make learning from class more accessible, effective and easy.

We wanted to know how well Glean was matching this purpose after one semester of use. How are learners navigating the learning experience? And what impact, if any, is Glean making on their grades?

We reached out to our users with a survey to find out. Nearly 400 responded, giving us a rich cross-section to learn from.

The results were clear: Glean improves learning across the board.

And as we discovered, its impact is most keenly felt among learners traditionally deemed 'at risk', namely, first year students, and those with a GPA of less than 2.



Reducing stress

Stress and learning don't mix well. Yet college learning environments can be a source of significant stress for many, especially first-years and learners with low GPAs.

Learners face a massive amount of live information with limited means of turning it into useful knowledge. In Glean, learners access a tool that shoulders the burden of capturing this info, and allows them to process it at a pace that suits them.

As a result, learners feel significantly less stressed.

"Glean reduced my stress level greatly. Other semesters I'd be stressed attending every class scrambling to write down every word the professor said meanwhile not being able to actually process what was occurring in the lecture. Glean allowed me to take notes at my own pace without fearing I would miss something important. I could also easily go back later in time and continue to refine my notes if need be."

Joanna, University of Nebraska - Lincoln



At a glance:

We asked learners what impact Glean had made on their stress levels in the classroom. And we also asked specifically whether it helped them reduce their learning anxiety, and ability to deal with overwhelm.

The results

- ▶ 85% of students say that they find studying less stressful using Glean.
- ▶ Students reported a 13% decrease in their stress levels relating to studying after using Glean for a semester.
- ▶ 79% of learners say that they have become less anxious since using Glean.
- ▶ 93% of students say they can better manage an overload of information using Glean.

First-year students

Results for first year students broadly mirror the general student cohort, with a clear majority reporting reduced stress thanks to Glean.

- ▶ 85% of students say that they find studying less stressful using Glean.
- ▶ Reported an 11% decrease in their stress levels relating to studying.

At-risk students

And from our sample of low-GPA students results were even more dramatic.

- ▶ 100% of 'at risk' students say they find studying less stressful as a result of using Glean.
- ▶ Every single student starting with less than 2.0 GPA had reduced stress with Glean.

Improving confidence

As learners saw their stress levels decrease, their confidence in class and in their own ability improved.

Glean isn't designed to do all the work. Instead, it smooths over obstacles classroom learning can present, making independent study easier and more effective.

This has helped a vast majority of our users feel more confident in class.

Not only are they better able to navigate the challenges of a college lecture, they're arriving in class with the knowledge that nothing will go to waste.

"Glean affected my confidence by helping me be prepared for every single assignment I was assigned. Thanks to Glean, I was one of the most active participants in my lectures. I was also able to work on several projects for two different classes and saved me plenty of working time."

Jaime, California State University of Monterey Bay



At a glance:

- ▶ 89% of the students say that using Glean has helped them to become more confident in their studies.
- ▶ Students reported a 21% increase in their confidence to study effectively from class.
- ▶ Students who started using Glean for the first time reported a 25% increase in their confidence to study effectively from class.
- ▶ 88% of students say they have become more confident in preparing for exams and tests.

First-year students

- ▶ 85% say that using Glean has helped them to become more confident in their studies.
- ▶ They reported a 21% increase in their confidence to study effectively from class.

At-risk students

- ▶ 100% of 'at risk' students say they are more confident in their studies since using Glean.
- ▶ 94% of 'at risk' students feel more confident in preparing for exams and tests.

Lifting grades

Ultimately, Glean was developed to help learners achieve their potential. Common barriers to learning hold many students back from reaching theirs, and we believe that removing these barriers where they occur can have a dramatic effect on achievement.

After one semester of use, nearly 3 quarters of users improved their GPAs with Glean. An average .58 increase was reported, a jump of 20%.

And the results were even more impressive for first year and struggling students.

The standout finding is that every single student with a GPA of less than 2 increased their grades by an average of 1.32. That's an 88% uplift.

"My stress levels were more manageable knowing if I missed something the first time, I could refer back to Glean to listen again. My confidence in studying the correct material increased since I can use the Glean app. I have seen a huge improvement not only in my GPA but in my ability to enjoy learning in the classroom."

Isabella, Baylor University



The end result: **Glean improves GPA**

71% 71% of students improved their GPA over the semester.

89% 89% of students increased or maintained their GPA over the semester.

89% 89% of students said that Glean helped them achieve better grades.

20% Students saw an average increase of +0.58 in their GPA - a 20% increase.

27% First-year students saw an average increase of +0.76 - a 27% jump.

88% Every single struggling student* increased their grades, by an average of +1.32 - an 88% increase.

*Those with a GPA under 2.0 at the beginning of the semester.





Creating a new relationship with learning

Glean has a huge impact on GPA. It's something we're immensely proud of, and demonstrates how the tool solves core problems learners face.

However, we're not just interested in moving numbers on a grade report. We want to help students build a new relationship with learning itself.

How Glean makes learners feel

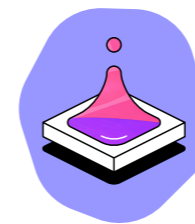
Learning is a process, not an outcome; focus too much on achievement and you miss a vital opportunity.

Right now, learning is a chore for too many students. Poor study skills and a hard transition into college life mean that learners adopt ineffective methods that waste effort and cause stress.

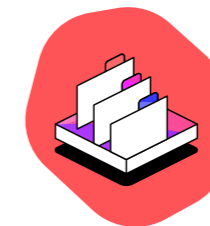
So what's the opportunity? Scaffold the learning process and help students become effective learners naturally.

Introducing CORA

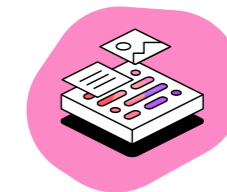
CORA is Glean's simple 4-step process for learning backed by decades of research into the best way to retain information from lectures. **Here's how it works:**



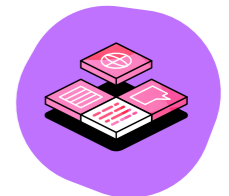
Learners **capture** everything from class



Afterwards, they **organize** this info in a way that suits them

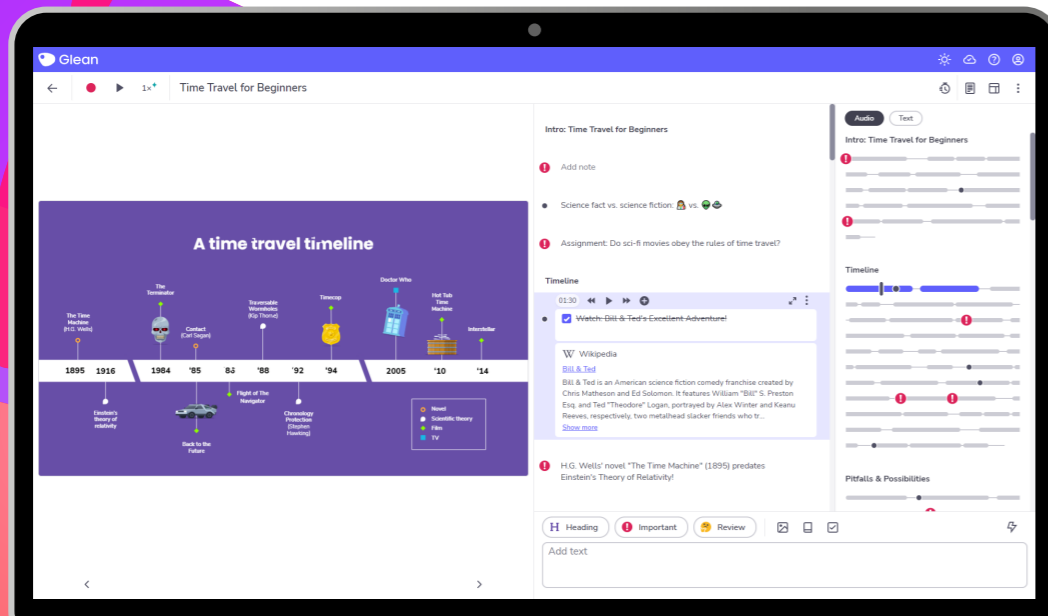


Learners then **refine** this info; adding extra detail



Finally, they **apply** what they've learned to their studies

CORA is at the heart of Glean. And after one semester of use, learners are feeling the benefit.



93% of students say Glean has helped **improve how they learn**

87% of students say Glean has helped **improve their study skills**

88% of students say they have become **more confident** preparing for exams

Improving learning from day one

Glean is ready to help your students reduce stress, improve confidence and lift grades.

With its simple but effective process for learning, it's removing academic barriers and making learning feel better than ever.

Book a call with us to discover how Glean could transform learning on your campus

[Speak to us](#)